

**Meeting Format – Spiritual Progress Group**  
**Monday Dialogue Group – 8pm**

Good evening, this is the regular 8 pm Monday Dialogue meeting of Alcoholics Anonymous.

I am \_\_\_\_\_ an alcoholic and present co-secretary of this meeting.

This is \_\_\_\_\_ also present co-secretary of this meeting.

Shall we open the meeting with a moment of silence to do as you wish followed by the Serenity Prayer.

"God, grant me the serenity to accept the things I cannot change, courage to change the things I can and the wisdom to know the difference."

"Alcoholics anonymous is a fellowship of men and women who share their experience strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership; we are self-supporting through our own contributions. AA is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety."

I've asked \_\_\_\_\_ to read the Twelve Traditions.

I've asked \_\_\_\_\_ to read a portion of chapter 5 from the Big Book.

I've asked \_\_\_\_\_ to read the Promises

Are there any new members within their first 30 days of sobriety who would like to stand and introduce yourselves by your first name only? This is not to embarrass you, it's so we can get to know you.

Are there any visitors from outside the Santa Clara Valley area or people here for the first time who would care to introduce themselves?

Are there any A. A. birthdays we can help celebrate?

Are there any A. A. related announcements from the floor?

**7<sup>th</sup> Tradition** – We have no dues or fees in A.A. but we do pay our own way by honoring A. A.'s 7<sup>th</sup> Tradition. At some point during the meeting I will pass the basket. Your contribution will help pay the rent, and for treats as well. It is greatly appreciated.

**H & I cans** – The money collected in the H & I pink cans is used to purchase literature for hospitals and institutions.

**\*\* NOTE TO SECRETARY:** Pass the pink can separately after the 7<sup>th</sup> tradition is complete. If the meeting does not make the \$30 weekly rent, DO NOT pass the H & I can. THIS IS THE RULE OF H & I! Re-pass the 7<sup>th</sup> Tradition basket. \*\*

In order to remain in good standing with the Los Gatos Adult Recreation Center, we have some responsibilities for building security and cleanliness:

**Children** – Any children present must be under direct supervision by the parent at all times.

**Smoking** - Smoking is NOT allowed on the Adult Recreation Center property. This includes the parking lot. There is an area to smoke across the street near the lawn marked by an ash can. Avoid speaking with overly loud voices.

**Animals** - Out of respect for the comfort and safety of all meeting attendees, the Spiritual Progress Group has a no animal policy. Only registered service animals are allowed. See me after the meeting for more information.

**Bathrooms** - The men's and women's bathrooms are located down the hall.

**Literature** – Books are for sale at cost. If you need to purchase a book, please see me after the meeting.

**Slips** - If you have an attendance card to be signed, please put it in the 7<sup>th</sup> Tradition basket when it passes. It will be signed and available at the end of the meeting.

**Spiritual Progress Group** - This meeting is a part of the Spiritual Progress Group. We have a website which has useful information on our group and upcoming events. We also have an email address. See me for more information. The group holds a monthly business and service meeting the second Sunday of each month at 10:45 a.m. Everyone is welcome to attend. The next meeting is \_\_\_\_\_.

**Meeting Format** – The Dialogue Group was formed to bring together those both new and experienced to talk about recovery from our disease and to share our experience, strength and hope with each other. Life happens and it's good to be able to discuss how we live with our sobriety. Because of what we discuss, let us remember that what you see here, and what is said here, that you let it stay here.

In this meeting we go around the room with each of us introducing ourselves by our first name only – after which the meeting is opened up for discussion.

My name is \_\_\_\_\_ and I am an alcoholic.

Thank you –

To \_\_\_\_\_ for set up

To \_\_\_\_\_ for coffee

To \_\_\_\_\_ for cookies, treats

Please help after the meeting with cleanup of your trash and help by stacking the chairs, folding up the tables and stowing them back where they came from.

**Closing** – For all who wish to join us as we close the meeting, will \_\_\_\_\_ lead us in the Lord's Prayer.